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"New Months" resolutions to reduce your consumer footprint

Try one or two a month to reduce your footprint by tons

Cut up old towels and t-shirts, put in convenient locations in kitchen, bathrooms
Use cloth towels and rags rather than paper towels for spills and cleaning
Keep a handkerchief in your pocket to replace tissues, paper towels and napkins
In public restrooms, shake water off hands, and use zero to one paper towel
Get in the habit of bringing reusable bags to all stores. Launder as needed. Put back in the car or backpack as soon as they are unpacked.
Keep a travel mug with you or in the car. Having 2 makes rotation easy. Put your name and number on it in case you leave it somewhere. Remember to bring it!
Remember to bring a reusable water bottle . Put your name and number on it in case you leave it somewhere. (put it in the dishwasher when done)
Buy recycled paper products (Marcal, 7 th Generation, 100% Recycled copy paper)
Set your printer at home and at work to double-side as default
Set up a box or drawer for papers that are printed on one side . Use the back side for lists, drafts and scrap.
If you're not thrilled with your tap water, get a water filter. Recycle spent cartridges at Whole Foods "Gimme Five" kiosk, along with other #5 plastics. Please go easy on the paper!
phone, tablet and computer. Recycling 101, Recycling A-Z and Hazardous Waste are particularly useful pages
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